



Harker Heights
Parks & Recreation
Creating Community

2021 Winter Youth Soccer COVID-19 Policies and Procedures

Revised 3.10.2021



Our Goals

Safety

Harker Heights Parks and Recreation is focused on the safety of staff and citizen safety. In consideration of Governor Abbott's guidelines, CDC recommendations, U.S. Soccer recommendations, and City/County guidelines, we have created this document to layout Harker Heights Parks and Recreation's 2020 Fall Soccer reopening plan.

Service

Our goal is to provide the best service possible in all parks through all programs. We ask that you are patient with us as we work through reopening and that all staff and citizens abide by the guidelines in this document to allow for safe service.

Youth

The purpose for the Harker Heights Parks and Recreation youth athletic programs has always and will always be the safe, fun, and equitable participation of youth in sports. Our goal is to offer the chance for children to be outside, be physically active, and to be safe. As we return to a new normal, the help of all involved is paramount in accomplishing these goals is as important as ever. We ask that all patrons remember:

1. These are kids.
2. Officials are human.
3. Coaches are volunteers.
4. This is for fun.
5. Stop the spread.

2021 Winter Youth Soccer COVID-19 Procedures

All following recommendations are made with the guidelines of US Soccer, US Youth Soccer – South Texas, Bell County, The Texas Governor, and CDC in mind. Please check <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html> for most up to date information.

◇ Stop the Spread

- Anyone who contracts COVID-19 shall remotely contact the Harker Heights Parks and Recreation Department which will confidentially alert the coach and team immediately.
- According to the CDC, anyone who thinks or knows they had COVID-19 and had symptoms may return to play after all the following criteria are met:
 - 10 days since symptoms first appeared
and
 - 24 hours with no fever without the use of fever-reducing medications
and
 - Other symptoms of COVID-19 are improving*
 - **Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation*
 - Most people do not require testing to decide when they can be around others; however, if your healthcare provider recommends testing, they will let you know when you can resume being around others based on your test results.
 - Note that these recommendations do not apply to persons with severe COVID-19 or with severely weakened immune systems (immunocompromised). These persons should follow the guidance below for: “I was severely ill with COVID-19 or have a severely weakened immune system (immunocompromised) due to a health condition or medication.”
- According to the CDC, anyone who tested positive for COVID-19 but had no symptoms may return to play after all the following criteria are met:
 - If you continue to have no symptoms, you can be with others after 10 days have passed since you had a positive viral test for COVID-19. Most people do not require testing to decide when they can be around others; however, if your healthcare provider recommends testing, they will let you know when you can resume being around others based on your test results.
 - If you develop symptoms after testing positive, follow the guidance above for “I think or know I had COVID-19, and I had symptoms.”
- According to the CDC, anyone who was severely ill with COVID-19 or has a weakened immune system (immunocompromised) due to a health condition or medication may return after all the following criteria are met:
 - People who are severely ill with COVID-19 might need to stay home longer than 10 days and up to 20 days after symptoms first appeared. Persons who are severely immunocompromised may require testing to determine when they can be around others. Talk to your healthcare provider for more information. If testing is available in your community, it may be recommended by your healthcare provider. Your healthcare provider will let you know if you can resume being around other people based on the results of your testing.
 - Your doctor may work with an infectious disease expert or your local health department to determine whether testing will be necessary before you can be around others.
- According to the CDC, anyone who has been around a person with COVID-19 may return to play after all the following criteria are met:
 - Anyone who has had close contact with someone with COVID-19 should stay home for 14 days after their last exposure to that person.
 - The best way to protect yourself and others is to stay home for 14 days if you think you have been exposed to someone who has COVID-19. Check your local health department’s website for information about options in your area to possibly shorten this quarantine period.
 - However, anyone who has had close contact with someone with COVID-19 and who meets the following criteria does NOT need to stay home.
 - Has COVID-19 illness within the previous 3 months
and
 - Has recovered
and
 - Remains without COVID-19 symptoms (for example, cough, shortness of breath)

◇ Employees

- Employees are to wash their hand with soap and water regularly.
- Employees are to maintain a 6 ft. distance from patrons and co-workers unless essential job duties are being performed.
- Employees should wear a face covering.
- Employees should immediately sanitize their hands after interacting with patrons or co-workers if they are not able to immediately wash their hands with soap and water.
- Employees who are feeling feverish or have a measured temperature greater than or equal to 100.0 degrees Fahrenheit will be sent home.
- Employees are to stay home if they feel sick or show any symptoms of COVID-19 infection.
- Employees who have known close contact with a person who is lab confirmed to have COVID-19 are to stay home.
- Employees will be provided the following items for individual use:
 - Name Badge
 - CPR Mask
 - Hand Sanitizer
- Items that are commonly touched must be sanitized before being used.
- Employees may not touch or share other employees' individual equipment.

◇ Patrons

- Patrons should conduct a daily temperature check for low grade fever (>100.4.) at home before training or conduct a daily health questionnaire online with the "Coronavirus Self-Checker," made available by the CDC.
- Patrons who are feeling feverish or have a measured temperature greater than or equal to 100.0 degrees Fahrenheit are to stay at home.
- Patrons are to stay home if they feel sick or show any symptoms of COVID-19 infection.
- Patrons who have known close contact with a person who is lab confirmed to have COVID-19 are to stay home.
- Patrons should wash their hand with soap and water regularly.
- Patrons are encouraged to wear face coverings.
- Patrons are encouraged to not congregate in groups of 10 or more unless part of the same household.
- Patrons are encouraged to maintain a 6 ft. social distance from other patrons and staff unless part of the same household.
- Patrons should immediately sanitize their hands after interacting with other patrons or staff if they are not able to immediately wash their hands with soap and water.
- Patrons are to bring and use their own personal items including but not limited to:
 - Bottled Water
 - Towels
 - Gloves
 - Practice Jersey
 - No Glass Containers Allowed
- Patrons are encouraged not to bring shared snacks and drinks.

◇ *Participants*

- Participants should dress at home in gear and arrive prepared to practice or compete.
- Participants should avoid bringing any unnecessary belongings to the training or competition.
- Participants should bring at least two bottles of water for training and matches.
- Participants who plan to wear a mask while participating should consider bringing additional mask to change.
- Participants are not recommended to bring their own balls.
- Participants are encouraged to participate in local events only and to avoid travel events.
- Participants are encouraged to travel to practice or competition with members of their household or those who have safe COVID practices.
- Participants are encouraged to have household members remain in their car during practice.
- Participants are encouraged to have only 1 household member present during games.
- Warmups should not begin until previous teams have left the field.
- All high fives, handshakes, and other sportsmanship contact should be eliminated.
- Participants are encouraged to wear face coverings and social distance when not physically active for practice or games.
- Participants are encouraged to leave the field of play after competitions have finished.
- All individual gear should be cleaned and sanitized after every session.

◇ *Facility*

- Fields at Summit Soccer Complex will be spaced out to allow for players and parents to social distance.
- Foot operated hand sanitizing stations will be available at the complex.
- No water fountains will be active at the complex.
- Field equipment such as goals or flags should not be picked-up or handled.

◇ *Disinfection*

- Employees will use a disinfectant from the table below to clean commonly used or touched surfaces every 30 minutes including but not limited to:
 - Concession Stand Counter
 - Soap Dispensers
 - Toilet Paper Dispensers

Disinfectants	
Name	Uses
Buckeye Eco Hydrogen Peroxide Cleaner	General purpose cleaner for hard surfaces
Buckeye Eco Neutral Disinfectant	Multipurpose germicidal detergent
Buckeye Eco One-Step Disinfectant/Deodorizer/Cleaner	Broad-spectrum disinfectant cleaner for heavy duty applications
Pine-Sol All Purpose Cleaner	All-purpose cleaner for bathroom and floor cleaning
Pure Bright Germicidal Ultra Bleach	General purpose cleaner for hard surfaces
Winda Shine	Glass and hard surface cleaner

Thank You

Harker Heights Parks and Recreation appreciates your assistance in implementing the policy and procedures outlined in this COVID-19 manual. With your help, we hope to have a successful fall soccer season in a trying time. Harker Heights Parks and Recreation is excited to be moving towards establishing service for our community. For the safety of all patrons, all involved must be mindful of the policy and procedures and work in cooperation with staff. We appreciate your continued patience and understanding.

◇ **Additional Resources**

- USOPC Coronavirus Resources
- USOPC – Coping with the Impact of Coronavirus for Athletes
- CDC Coronavirus Updates
- CDC Advice – How to Protect Yourself and Others
- CDC – Consideration for Youth Sports
- CDC – Workplace Decision Tree
- CDC – Camp Decision Tree
- CDC – Deciding to Go Out
- CDC – Community Mitigation Strategies
- FIFA COVID-19 Resources
- WHO Hand Washing Steps (Video)
- WHO Mass Gathering Guidelines Worksheet
- WHO Advice for Public
- US Center for Safe Sport Digital Safety
- US Soccer Recognize to Recover – COVID-19 and Mental Health